Recent LMHS Students of the Month

January
Aliyah Noel & Ryan Ruef

December
Samantha Reynolds & Emily Molino

November
Karen Amaya & Hailey Bartini

Middle School Inducts 21 Students into National Junior Honor Society

Gabrielle X. Bridagan
Andrew J. Ruef
Connor J. LaRock
Anna Wang
John S. Somostrada

Emma M. Wellspeak
Ashley E. Barnes
Benjamin R. Harding
Stone A. Murphy

Emilia M. Johnson Viola
Ava L. Martin
Kyle E. Tisdale
Jillian P. Artioli

Bailey J. Thomas
Jodi M. Morawiec
Carrie L. Conklin
William S. Consolati

Ann I. Macchi
Homer P. Winston
Thomas D. Fraser
Ibrahim M. Zia
School Counseling Information
http://www.leepublicschools.net/lmhs/schoolcounselors
http://leecontador.blogspot.com/

Ground Hog Job Shadow Day for Juniors
On Monday, February 2nd, juniors will participate in Ground Hog Job Shadow Day. A job shadow is a learning experience that takes place at a business in the community. It usually lasts from 3-6 hours.

During a job shadow, students follow a worker from a career field they are interested in learning more about during a typical day and observe and ask questions about his or her work. Students will also complete a written assignment to help them understand, think about, and record the things they see, hear, and learn.

Students are responsible for finding a job shadow placement site. If you need assistance, please see Mr. Korte.

Are You a Business Owner or Employer who would like to Help LMHS Students Learn about Careers?
On Friday, April 17th, LMHS and the LYA will be hosting our 4th Annual Career Fair and we are looking for local employers to attend. From 8:45-11:30 you will have a table set up in the gym with information about the different types of careers you offer including the education and training that is necessary, potential earnings, what the day-to-day job is like, etc. If you are looking for summer employees you may also hand out applications. At 11:30 we will provide you with lunch. If you would like to stay in the afternoon we are looking for people to conduct mock job interviews with members of the junior class.

If you have any questions, or you’d like to sign up, please contact dkorte@leepublicschools.net.

THE S.A.T. PREPARATION PROGRAM
Starts Wednesday, January 28th!
The program will include 12 sessions over 3 months beginning January 28th and ending April 29th. The sessions will run on Wednesdays from 7-9pm. All materials will be provided other than a three-ring binder, notebook, and writing instrument. The cost of the program for LMHS students is $225.

Classes will meet on the following dates:

If you are interested in attending the course, you can sign up online. Anyone in need of financial assistance should contact the school. Mr. Korte can be reached at 243-2781 ext. 2010 or Dkorte@leepublicschools.net
Seniors: It’s Time to Apply for Scholarships

Scholarship applications are available now on the LMHS School Guidance website. There are 3 types of scholarships that you will find here.

1. Local scholarships that use our internal application and do not require an essay.
2. Local scholarships that use our internal application and do require an essay.
3. External, but local, scholarships that have their own application process.

For detailed information on the application process and to submit your applications, please visit: http://www.leepublicschools.net/lmhs/schoolcounselors

Kiwanis Club of Lee, Inc. Scholarship Applications Now Available for Seniors

The Kiwanis Club of Lee offers several scholarships to LMHS students who will be attending 4-year colleges or universities, 2-year schools, technical schools, or pursuing music degrees. Applications are available online and can be picked up in the guidance office.

The Caribbean Trip registration deadline is quickly approaching!

February 6th is the registration deadline for those interested in going on the Spring Break 2016 trip to Puerto Rico and Martinique. At this point space is very limited, so please turn in your completed registration form and $100 deposit to Srta. Barbaglia or Mme. Ely as soon as possible.

For more information, please contact Srta. Barbaglia at mbarbaglia@leepublicschools.net or you can find the information online at: http://mbarbagliaespanol.blogspot.com/2014/12/lmhs-is-going-to-caribbean-join-us.html

Start Times for Many Basketball Games Moved Up

Many of the times for our boys and girls high school basketball games have been change to start earlier, which allows our student-athletes to get home earlier on school nights and increases the number of families with young kids who can come to the games. Please check the LMHS Athletics website for up-to-date game start times. The start times listed on the site are for the JV games with the Varsity games staring approximately 90 minutes later.
Flu Symptom Checklist

Flu-like illness: Should I keep my child home?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Has your child had a fever of 100.4 degrees F or higher in the past 24 hours? Note: 100.4° F is the same as 38° C.</td>
<td></td>
</tr>
<tr>
<td>If you answered Yes to the question above, keep your child home for at least another day to observe for additional symptoms.</td>
<td></td>
</tr>
<tr>
<td>2) Does your child have a cough or sore throat?</td>
<td></td>
</tr>
<tr>
<td>If you answered YES to both questions above, keep your child home. Your child has an influenza-like illness (fever and cough or sore throat). If your child has a cough or sore throat without fever, he or she may be well enough to go to school or child care. Your child's school or child care program may have additional guidance.</td>
<td></td>
</tr>
</tbody>
</table>

After the flu: Can my child return to school or child care?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Has your child had a fever of 100.4 degrees F or higher in the past 24 hours? Note: 100.4° F is the same as 38° C.</td>
<td></td>
</tr>
<tr>
<td>If you answered Yes to the question above, keep your child home for at least another day to observe for additional symptoms.</td>
<td></td>
</tr>
<tr>
<td>2) Has your child had acetaminophen (Tylenol) or ibuprofen (Motrin or Advil) to reduce fever in the past 24 hours?</td>
<td></td>
</tr>
<tr>
<td>If you answered YES to either question above, keep your child home for at least another day to observe for additional symptoms. Then use the check list questions again to decide whether you should continue to keep your child home.</td>
<td></td>
</tr>
<tr>
<td>If you answered NO to both questions above, and your child appears well, your child can return to school or child care.</td>
<td></td>
</tr>
</tbody>
</table>

Flu season in Massachusetts usually starts in the fall and runs through the spring. The main symptoms of influenza (flu) include fever in combination with a cough and/or sore throat. Some people may also have a runny nose, body aches, headache, chills, and feel tired. Some people (especially young children) may also have diarrhea and vomiting.

To keep flu from spreading in the community it is important to keep your sick child at home when he or she has the flu. Use this form during flu season to determine whether your child should attend school or child care.

Where can I find more information about influenza?

- [www.mass.gov/flu](http://www.mass.gov/flu)
- [www.cdc.gov/flu](http://www.cdc.gov/flu)
- [www.immunize.org](http://www.immunize.org)

Call the Massachusetts Department of Public Health at 617-983-6800 or your local board of health.

LMHS classes team up with the Make-A-Wish Foundation

Thank you to Srta. Barbaglia's students, as well as the classes of Mme. Ely, Sr. Silva, Mr. Schueler, Ms. Zurawka, and Mrs. Haven, who all pitched in to write a total of 231 letters to Santa for the Macy's Make-A-Wish "Believe" campaign. As part of the campaign, Macy's took our 231 letters and donated $231 to the Make-A-Wish Foundation! Thank you all for helping make a difference!

LMHS and ShoeBox Recycling Collaborate to Recycle Shoes

On November 1st, Lee Middle and High School, in partnership with ShoeBox Recycling, introduced a school wide shoe recycling program with a focus on reuse. Students, faculty, families, and community members are all encouraged to participate. ShoeBox Recycling bins have been placed in the main office and in Mr. Reilly’s office next to the cafeteria.

Please bring in your old shoes that might still be usable for someone else, and place them in the Shoe Box Recycling bin. In addition to mindfulness around shoe reuse, we will be raising funds to support the Lee athletic program. ShoeBox Recycling is a for-profit recycler of shoes. All of the shoes collected will be reused by those in need of affordable footwear.

ShoeBox Recycling will donate money to our athletic program for each pair of shoes that we receive.

Please send in your “gently” used shoes, sneakers, flip flops, dress shoes, etc. Thank you!

apreilly@leepublicschools.net – 413.243.2781 ext.2242

Lee Middle and High School – 300 Greylock Street, Lee, MA 01238 – CEEB Code: 221-145